



## PTWA PRESENTS

David Hachey in Pharmaco-Therapeutics

Mary Sinnott in The Role of PT in Diabetes Treatment

Michael Hansen in The Art and Science of Running

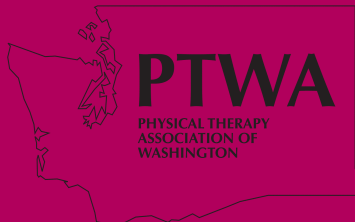
Steve Milam in Legal Issues Regarding Clinical Performance

Playing April 16–17, 2010

at PTWA Spring Conference  
Greater Tacoma Convention & Trade Center

PLUS limited screenings of  
PTWA Recession Special: The Sequel  
Playing February 1 to February 28


Look inside for details



Physical Therapy Association of Washington  
208 Rogers St NW  
Olympia, WA 98502  
360-352-7290  
conference@ptwa.org  
www.ptwa.org/conference

# COURSES

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Pharmaco-Therapeutics:  
Building on the Basics and Applying  
Them to the Patient  
**with David Hachey**  
Doctor of Pharmacy, Board Certified  
Pharmacotherapy Specialist

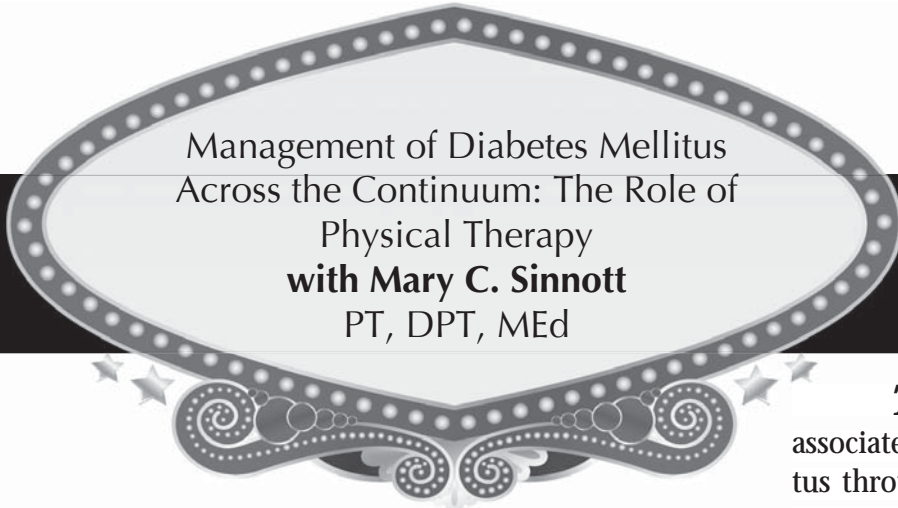
**FRIDAY**

April 16, 9 a.m.–5 p.m.

David Hachey teaches for various programs at Idaho State University, including physical therapy, and also operates a primary clinical practice with the Department of Family Medicine where he works as a clinic coordinator for a local Ryan White-funded HIV clinic serving approximately 100 patients in eastern Idaho.

**Open to PTs, OTs and PT students • Six contact credit hours available, 0.6 CEU**

**The Plot:** Are your patients taking meds you've never heard of before? Find out what's new in the fast-changing world of pharmacology. Experienced PTs will love this course, which will feature a review of the basics of drug action including pharmacology and pharmacokinetics, as well as examining specific legal aspects of drug use. The course will include thorough instruction on psychopharmacologic agents including antidepressants, anti-anxiety, mood stabilizers, anti-psychotics and possible medications for multiple sclerosis, seizures and Parkinson's disease, and a discussion of the treatment of HIV and AIDS. It will end with a discussion of performance enhancing medications or other topics of interest from the participants.



Management of Diabetes Mellitus  
Across the Continuum: The Role of  
Physical Therapy  
**with Mary C. Sinnott**  
PT, DPT, MEd

**FRIDAY AND SATURDAY**

April 16, 9 a.m.–5 p.m.

April 17, 8:30 a.m.–5:30 p.m.

Mary Sinnott is an associate professor in the Department of Physical Therapy at the College of Health Professions at Temple University, Philadelphia, Pa. and serves as the director of the DPT program. She practices at Temple University Hospital in the acute care medical/surgical programs. She also serves on the APTA Board of Directors.

**Open to PTs, PTAs, OTs, OTAs, nurses and PT/PTA students • Twelve contact credit hours available, 1.2 CEU**

**The Plot:** Learn from a leading expert about associated risk factors that accompany diabetes mellitus throughout its lifespan and evidence-based tests and measures to help guide clinical decision making across the health care continuum of settings and roles. The course will also explore the role and strategies to prescribe physical activity and exercise in the life-long management of diabetes mellitus that will facilitate positive physiological and behavioral changes.



The Art and Science of Running  
with Michael Hansen, PT

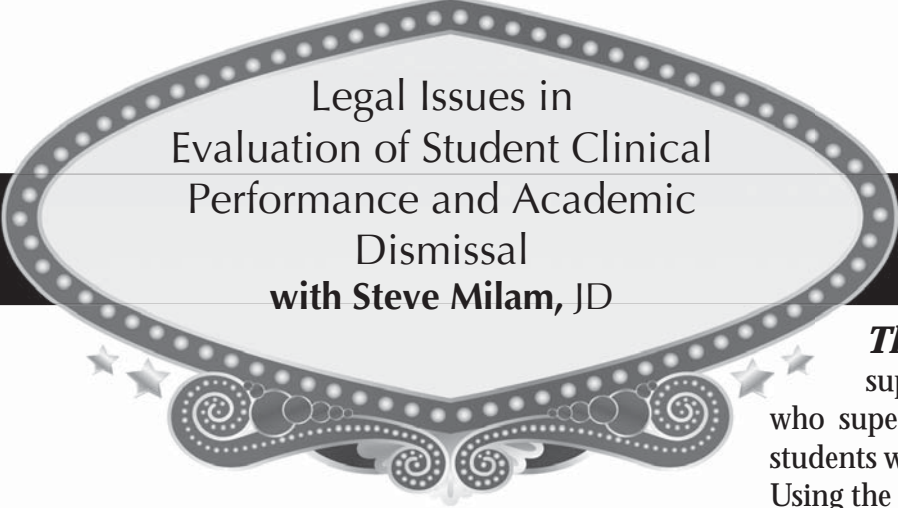
SATURDAY

April 17, 8:30 a.m.–5:30 p.m.

Michael Hansen, who has worked with numerous amateur, college and professional sports teams and Olympic athletes, specializes in manual therapy, gait analysis, functional biomechanics, sports performance and orthotics. He helped develop the Orthotic Reaction course with the Gary Gray Institute in Michigan and is the owner and therapist of Biosports, a private sports medicine clinic in Wenatchee, Wash.

**The Plot:** This one-day course will teach you the evidence-based science of running and the art of function that will enhance your ability to evaluate, test and treat the runner. The course will feature discussion of functional versus non-functional anatomy for gait and running, video analysis of a runner's gait, instruction on performing functional tests on a runner, evaluation of shoe wear, testing orthotics, and how to develop strategies and techniques to enhance running performance.

**Open to PTs, PTAs, OTs, OTAs, administrative staff and PT/PTA students • Six contact credit hours available, 0.6 CEU.**



Legal Issues in  
Evaluation of Student Clinical  
Performance and Academic  
Dismissal  
with Steve Milam, JD

SATURDAY

April 17, 8:30 a.m.–5:30 p.m.

Steve Milam served for more than 30 years as an assistant attorney general for Washington state public institutions of higher education. When he retired, he was senior counsel and assistant attorney general for the University of Washington Health Sciences and Medical Centers. Currently, Milam is an affiliate assistant professor for the Department of Medical History and Medical Ethics at the UW School of Medicine. He maintains a private practice and consults on issues related to higher education and health law. Milam's articles on legal issues related to evaluation of student clinical performance and academic dismissal have appeared in many publications including the New England Journal of Medicine.

**The Plot:** Avoid some common pitfalls when supervising student clinical performance. Anyone who supervises and evaluates the clinical experience of students will benefit from this information-filled program. Using the case study approach, with actual cases and court decisions, the program content will include: candid, critical evaluation, legal principles and due process, subjective judgment, special education and remediation requirements, documentation, access to academic records, libel and defamation, discrimination and disability issues. Learn the types of information necessary to support decisions to dismiss a student; how to share information about student performance verbally and in writing with students, academic and clinical faculty; the legal principles the courts use in reviewing academic dismissal decisions and other areas of clinical education that might require legal consideration.

**Open to PTs, PTAs, OTs, OTAs, other medical professions and PT/PTA students • Six contact credit hours available, 0.6 CEU.**

# ADDITIONAL ACTIVITIES

FRIDAY, APRIL 16

7:30–9 a.m.

PROFESSIONAL ISSUES FORUM

***Legislation in Review: From Where We Started to Where We're Going***

***Presented by PTWA Legislative Committee Members***

Open to all registrants and PTWA members. Breakfast included if you are enrolled in a Friday course or a meal may be purchased on site. One and a half contact hours available, 0.15 CEU.

NOON–1:30 P.M.

COMMITTEE MEETINGS

SELF-GUIDED DOWNTOWN TACOMA WALK

(area maps will be provided)

12:10–1:15 P.M.

YOGA STRETCH SESSIONS

(free with any conference registration)

SATURDAY, APRIL 17

7:30–8:30 a.m.

PTWA AWARDS CEREMONY

Open to all registrants and PTWA members. Breakfast is included if you are enrolled in a Saturday course or meals may be purchased on site.

12:15–2 P.M.

CHAPTER MEETING

Sign-in begins at 11:45 a.m.

# CONFERENCE SCHEDULE

FRIDAY, APRIL 16

**7 a.m. Registration opens**

**7:30–9 a.m. Professional Issues Forum**  
Hot breakfast served

**9 a.m.–noon Educational programs:**  
***Pharmaco-Therapeutics: Building on the Basics and Applying Them to the Patient***

***Management of Diabetes Mellitus Across the Continuum: The Role of Physical Therapy (day one)***  
***Sponsored by Gentiva Home Health***

**Noon–1:30 p.m. Lunch served**  
**Committee meetings**

**12:10–1:15 Yoga stretch sessions**

**1:30 p.m. Education resumes**

**5 p.m. Education concludes for the day**

SATURDAY, APRIL 17

**7 a.m.**

**7:30–8:30 a.m.**

**8:30–11:45 a.m.**

**11:45 a.m.–12:15 p.m.**

**12:15–2 p.m.**

**2:15 p.m.**

**5:30 p.m.**

***Registration opens***

***Awards presentation***  
Hot breakfast served

***Educational programs:***

***The Art and Science of Running***

***Legal Issues in Evaluation of Student Clinical Performance and Academic Dismissal***

***Management of Diabetes Mellitus Across the Continuum: The Role of Physical Therapy (day two)***

***Chapter Meeting sign-in***

***Chapter Meeting***  
***Lunch served***

***Education resumes***

***Conference concludes***

# REGISTRATION INFORMATION

## COURSE ELIGIBILITY

All courses are eligible for continuing education credit (CEU) and meet guidelines required by the Washington State Department of Health Board of Physical Therapy for licensure of physical therapists and physical therapist assistants in Washington state. Continuing education courses offered by PTWA are intended for health and other allied professionals and should not be taken if the course content is outside the learner's legal scope of practice.

## CONFIRMATIONS

Confirmation and payment receipt will be emailed to online registrants. All other forms of registration received by April 2 will receive confirmation with receipt via US mail. Receipts for registrations received after April 2 will be provided on site and no confirmations will be sent.

## CANCELLATIONS AND SUBSTITUTIONS

To cancel, call the PTWA office at 360-352-7290, ext. 13. Cancellations received by April 2 will be refunded the registration fee less a \$25 administrative fee. Cancellations between April 3 and April 13 will receive a 50 percent refund. There will be no refunds after April 13. If there is no waiting list, substitutions will be accepted at the discretion of PTWA staff and a \$25 administrative fee will apply. We cannot accept substitutions if we have a waiting list.

## THREE WAYS TO REGISTER

Register online at [www.ptwa.org/conference](http://www.ptwa.org/conference). Or mail order form with credit card information or check, payable to PTWA, 208 Rogers Street NW, Olympia, WA, 98502-4952. Or fax order form with credit card information to 360-352-7298.

# RATES AND FEES

## REGISTRATION FEES

Registration fees include admittance to your course(s) of choice, course handouts and all meals and events.

Two-day rates apply to registration in the two-day course or two one-day courses. We do not allow registration for one day only of the two-day course.

## STUDENT MEMBER RATE

This applies to APTA-member students who are PTWA members, enrolled in a Washington state PT or PTA program or doing affiliate work in Washington state. Because the student rate is already deeply discounted, there is no additional discount for groups.

## GROUP RATE

Three or more PTWA members who submit their registrations together and on the same day (no exceptions) receive a discounted rate. Group members no longer need to work at the same facility or company, but we still enforce the same-day rule. See rate chart on registration form for prices.

## RECESSION SPECIAL RATE

PT and PTA members who register for conference during the month of February will receive a 50 percent discount from the regular conference rate (not the Early Bird rate). Groups, students, retired, life and non-members are not eligible for the discount.

Feeling some  
pain in your  
pocket book?

***PTWA has just the treatment***

Register for 2010 Spring Conference during the month of February and just pay half!\*

\* 50 percent discount applicable to regular PT and PTA member rates only. Discount taken from regular rate. Other discounted rates are not eligible for further discount.

# TRANSPORTATION AND HOTELS

## CONFERENCE LOCATION

### GREATER TACOMA CONVENTION & TRADE CENTER

1500 Broadway  
Tacoma, WA 98402

## HOTELS

PTWA has secured a special rate with:

### ***Courtyard Marriott Tacoma Downtown***

1515 Commerce St  
Tacoma, WA 98402

### ***Standard king or queen rooms:***

\$149 (up to four persons per room).

### ***Reservations:*** 888-236-2427

[www.marriott.com/seatd](http://www.marriott.com/seatd)

Reference group code PTAPTAB for queen rooms,  
PTAPTAA for king rooms

***Rates good through April 2, 2010.***

## TRANSPORTATION FROM SEATTLE-TACOMA AIRPORT

Except for Sound Transit, all ground transportation from SeaTac can be accessed on the third floor of the parking garage. Visit [www.portseattle.org/seatac/ground/](http://www.portseattle.org/seatac/ground/) for current information on taxi, shuttle and Sound Transit prices and schedules.

## PARKING

Approximately 670 parking spaces are available to guests of the Greater Tacoma Convention & Trade Center. Located on the second floor of the facility, these lots are accessed from Market and 17th Streets and are open 24 hours, seven days a week. You may also park for free at the Tacoma Dome stations (see information under Mass Transit below). Some street parking may also be available.

## MASS TRANSIT

The Link Light Rail from Sound Transit is free and runs every 10 minutes from 5:20 a.m. to 8 p.m., Monday through Friday, and 8 a.m. to 10 p.m. on Saturday. You can park for free at either the Tacoma Dome Station North (605 Puyallup Ave) or the Tacoma Dome Station South (424 E 25th St) and take the train from the Tacoma Dome Station to the convention center. Detailed information is available at [www.soundtransit.org/riding/fac/link/](http://www.soundtransit.org/riding/fac/link/).

## DRIVING DIRECTIONS

- From I-5, take Exit 133: I-705/City Center
- Keep left to stay on ramp toward I-705/City Center
- Turn left onto ramp toward "A" Street/City Center
- Keep left on exit S 15th Street/Pacific Avenue
- Stay on 15th Street for two blocks
- The convention center will be on your left
- To access on-site parking, turn left on Market Street.

PRESENTING SPONSOR



MORE SPONSORSHIP AND EXHIBIT

OPPORTUNITIES AVAILABLE!

VISIT [WWW.PTWA.ORG/SPONSORSHIP](http://WWW.PTWA.ORG/SPONSORSHIP) OR EMAIL  
[MARKETING@PTWA.ORG](mailto:MARKETING@PTWA.ORG) FOR DETAILS.

# CONFERENCE REGISTRATION FORM

PTWA Fall Conference and Chapter Meeting • April 16-17, 2010 • Greater Tacoma Convention & Trade Center

Three Easy Ways  
to Register:

1. Web: [www.ptwa.org/conference](http://www.ptwa.org/conference)
  2. Fax: 360-352-7298
  3. Mail: PTWA • 208 Rogers Street NW • Olympia, WA 98502-4952
- Questions? Call: 360-352-7290 ext. 13 OR 800-554-5569 ext. 13

Name to be used for badge \_\_\_\_\_

Sponsor name/APTA member number (for Administrative Staff) \_\_\_\_\_

Company \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Work Phone (\_\_\_\_) \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_

Email Address \_\_\_\_\_

Special dietary needs and/or other accommodations: \_\_\_\_\_

APTA Member # \_\_\_\_\_  Nonmember

**CHECK ALL THAT APPLY:**  Administrative Staff

PT  PTA  OT  OTA  Life/Retired Member

Nurse  Student/School: \_\_\_\_\_

Other Medical Profession (please specify): \_\_\_\_\_

*(New APTA/PTWA members who do not yet have a member number must submit a copy of their membership application form to receive the member rate. OTs/OTAs may register for courses at the member rate only if proof of WOTA/nursing association membership accompanies this form.)*

## SELECT COURSE(S)

**Pharmaco-Therapeutics • David Hachey, PharmD**

April 16 • 0.6 CEU • Open to PTs, OTs, and PT students

**The Role of PT in Diabetes Treatment • Mary C. Sinnott, PT, DPT, MEd**

April 16-17 • 1.2 CEU • Open to PTs, PTAs, OTs, OTAs, nurses and PT/PTA students

**The Art and Science of Running • Michael Hansen, PT**

April 17 • 0.6 CEU • Open to PTs, PTAs, OTs, OTAs, PT/PTA students and Administrative Staff

**Legal Issues Regarding Clinical Performance • Steve Milam, JD**

April 17 • 0.6 CEU • Open to PTs, PTAs, OTs, OTAs, other medical professions and PT/PTA students

**★ RECESSION SPECIAL ★**

*PT and PTA members who register before March 1 get HALF OFF the regular rate!*

Other discounted rates not eligible for this special.

**GROUP REGISTRATION**  I am registering as part of a group.

***(Three or more PTWA member registrations must be received on the same day. NO EXCEPTIONS.)***

Group Name: \_\_\_\_\_

The other members in my group are: \_\_\_\_\_

**PAYMENT** \$ \_\_\_\_\_

***Purchase orders not accepted.***

Check enclosed (make payable to PTWA)

Charge  Visa  MC Exp. Date \_\_\_\_ / \_\_\_\_

Card # \_\_\_\_ / \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Cardholder Signature \_\_\_\_\_

Cardholder Name \_\_\_\_\_

	RECESSION RATE Received by Feb. 28		EARLY BIRD RATE Received by Apr. 2		REGULAR RATE Received after Apr. 2	
	1 Day	2 Days	1 Day	2 Days	1 Day	2 Days
PT Member	140	215	205	355	280	430
Group rate*	—	—	170	290	245	365
PTA Member	120	177	165	280	240	354
Group rate*	—	—	135	230	210	305
Student Member**	—	—	60	120	135	195
Retired or Life Member	—	—	60	120	135	195
WOTA Member	—	—	205	355	280	430
Nonmember	—	—	290	495	365	570

***Registration fees include admittance to your course(s) of choice, course handouts and all meals and events. One-day rates apply to registration in one one-day course. Two-day rates apply to registration in the two-day course OR two one-day courses. We do not allow registration for one day only of the two-day course.***

***\* Group rate: Three or more PTWA members WHOSE REGISTRATIONS ARE RECEIVED ON THE SAME DAY receive this rate. There will be no exceptions to the same-day rule. Because of the already reduced student member rate, there are no additional group discounts available for students.***

***\*\* Student member rate: APTA-member students who are PTWA members, enrolled in a Washington state PT or PTA program or doing affiliate work in Washington state receive this rate.***

*More Spring Conference sponsorship and exhibit opportunities available!  
Details at [www.ptwa.org/sponsorship](http://www.ptwa.org/sponsorship) or email [marketing@ptwa.org](mailto:marketing@ptwa.org)*

# THANK YOU, CONFERENCE SPONSORS!

## PRESENTING SPONSOR

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## GOLD SPONSOR

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**PTWA Mission:**

To advance the physical therapy profession in the state of Washington through compassion, accountability, representation and excellence.

**PTWA Vision:**

By 2020, physical therapy will be provided by physical therapists who are doctors of physical therapy, recognized by consumers and other health care professionals as practitioners of choice to whom consumers have direct access for the diagnosis of, interventions for, and prevention of impairments, functional limitations and disabilities related to movement, function, and health.