

*Evergreen Hospital Medical Center
Continuing Medical Education Presents:*

Transitions: Glycemic Control in 2010

Friday, March 12, 2010



AGENDA

7:00–7:30 AM

Registration, Continental Breakfast, Vendors

7:30–8:15 AM

“Adjusting Insulin Using Glucose Meter

Downloads: Why and How?”

- **Irl Hirsch, MD**

8:15–9:00 AM

“Management of Hyperglycemia

Upon Diagnosis”

- **Carol Hatch Wysham, MD**

9:00–9:15 AM

Break

9:15–10:00 AM

“Motivating the Reluctant Patient”

- **Scott Hansen, MD**

10:00–10:45 AM

“Pharmacologic Therapies”

- **Chhang Chhay, PharmD**

10:45–11:00 AM

Break

11:00–11:40 AM

Breakout Session I

(The following are repeated at 11:45 AM)

- “Carbohydrate Management and Nutrition Therapy”
- **Marilyn Ward, MS, RD, CDE**
- **Shawna Tholen, RD, CD**
- “A pound of prevention is worth...”
Prevention of Type 2 Diabetes.
- **Anthony DeSantis, MD**
- “Intensifying Insulin Therapies:
Who, How, Why?”
- **Dace Trence, MD**

11:45–12:30 PM

Breakout Session II

(Please select from sessions above.)

COURSE DESCRIPTION

This half-day CME will provide attendees with updated practice guidelines for 2010. The first portion of the day will occur as one large group with the second portion of the day consisting of breakout sessions, allowing attendees to personalize this offering to the needs of their practice.

FACULTY

Irl B. Hirsch, MD

- Professor of Medicine Division of Metabolism, Endocrinology and Nutrition, University of Washington

Carol Hatch Wysham, MD

- Clinical Assistant Professor of Medicine, University of Washington
- School of Medicine Research Professor, Washington State University
- Section Head of Diabetes and Endocrinology Center, Rockwood Clinic, Spokane, WA

Scott Hansen, MD

- Psychiatry and Psychosomatic Medicine, Evergreen Behavioral Health
- Clinical Instructor, UW Medicine

Chhang Chhay, PharmD

- Pharmacist, Evergreen Hospital

Shawna Tholen, RD, CD

- Clinical Dietitian, Nutrition Therapy, Evergreen Hospital

Marilyn Ward, MS, RD, CDE

- Clinical Dietitian, Outpatient Diabetes Education, Evergreen Hospital

Anthony DeSantis, MD

- Clinical Assistant Professor, Internal Medicine, University of Washington Medical Center
- Roosevelt Diabetes Care Center, University of Washington

Dace Trence, MD

- Associate Professor, Medicine/Division of Metabolism, Endocrinology and Nutrition, Diabetes Care Center, University of Washington

COURSE OBJECTIVES:

- Verbalize changes in clinical practice guidelines from 2009 to 2010.
- Verbalize appropriate treatment options for a person newly diagnosed with diabetes.
- Define the relationship between diabetes and behavioral health issues, specifically depression, and how this impacts self-management of diabetes.
- Recall diabetes pharmacological options and their appropriateness for various patients.
- Verbalize the role of carbohydrate management related to diabetes as well as appropriate recommendations to make to patients.
- State the importance of intervention and prevention when patients meet criteria for pre-diabetes.
- Consider evidence based guidelines related to the intensification of insulin therapy.

ACCREDITATION STATEMENT:

Evergreen Hospital Medical Center is accredited by the Washington State Medical Association CME Accreditation Committee to sponsor continuing medical education activities for physicians. Evergreen Hospital Medical Center designates this educational activity for a maximum of 4.5 hours in Category I to satisfy the re-licensure requirements of the Washington State Medical Quality Assurance Commission. Evergreen Hospital Medical Center designates this educational activity for a maximum of 4.5 AMA PRA Category I credits[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Evergreen Hospital is an approved provider of continuing nursing education by the Washington State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

PLANNING COMMITTEE:

James Colquhoun, MD, Inpatient Hospitalist
Elizabeth Arias, MD, Inpatient Hospitalist
April Marron, RN, CDE
Kathy Bouranova, RN, CDE
Peggy Hamernik, CME Specialist
Lois Reed, RN, CDE

ACKNOWLEDGEMENTS

This symposium is supported in part by educational grants and exhibition fees, in accordance with the ACCME Standards for Commercial Support. At the time of this printing, a complete listing of commercial supporters was not available. Appropriate acknowledgement will be given to all supporters at the time of the symposium.

TARGET AUDIENCE

This course is intended for primary care physicians, endocrinologists, hospitalists, pharmacists, registered nurses and registered dietitians.

TRANSITIONS: GLYCEMIC CONTROL IN 2010

Friday, March 12, 2010

REGISTRATION

\$150.00 Physicians
\$90.00 R.Ph., RN, RD

The course takes place on the Evergreen Hospital Campus. Pre-registration is required, as space is limited, and must be paid in advance. Tuition includes continental breakfast, beverages and course syllabus.

Registration Deadline: March 1, 2010

To register, call the Evergreen Healthline at 425.899.3000, or mail a check along with this registration form to: Evergreen Healthline
12040 NE 128th St., MS #60
Kirkland, WA 98034

Cancellation Policy: *The course fee, less a \$25.00 handling fee, will be refunded if a seven day cancellation notice is given. If the cancellation notice arrives less than seven days before the conference, no refund will be given.*

- Please make checks payable to Evergreen Hospital Medical Center
- Charge my Visa or Mastercard (please complete information below)

Name _____ Title/Credentials _____

Address _____

City/State/Zip _____

Work Phone _____ Home Phone _____

E-mail _____

Card number _____

Exp. Date _____

Signature _____



EVERGREEN
HOSPITAL MEDICAL CENTER

Mailstop 50
12040 NE 128th Street
Kirkland, WA 98034

PRSRT STD
US POSTAGE
PAID
SEATTLE, WA
PERMIT NO. 1724